

PLAYCE 2 School Newsflash

Thank you to all our families who have taken part in the PLAYCE 2 School study in 2022! So far 90 children have had their physical activity and health assessed.

We're looking for more of our PLAYCE families with **children aged 8-10 to take part**. If you are interested in having your child's physical activity, screen time and sleep (and much more) assessed...

click [HERE](#) for the parent survey or email playce.study@telethonkids.org.au

(Once your child has finished wearing the activity belt, please send it back in the reply paid envelope provided)



New findings: Dogs are good 4 kids!

Young children who regularly walk and play with their dog are:

- more physically active
- sleep more
- spend less time on screens

Read the full paper [here](#).

Congratulations

Danielle Higgins

Winner of the gift voucher draw for participating in term 1, 2022

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Stay up to date with what's happening in the PLAYCE world of research.

.... we have some exciting announcements coming. Stay tuned!

